



## CHILD & YOUTH MENTAL HEALTH SERVICE REDESIGN

### Information for Service Providers

The Child and Youth Mental Health Service (CYMHS) Redesign Demonstration Project is one of two state-funded demonstration projects as part of the Mental Health Reform Strategy 2009-2019. As a consortium member agency involved in this project, Ballarat Health Services has undergone an internal redesign to enhance service delivery for young people aged 0 to 25 years. Two teams have been established to provide timely access to routine internationally recognised, evidence-based, client centred, family-inclusive, and recovery focused mental health care.

#### **Infant & Child Mental Health Service 53203030**

Provides access to timely consultation, mental health assessment and evidence based treatment for infants and children aged between **0—14 years** and their families who are at risk of or experiencing a significant mental disorder. This includes early detection of issues that if left unattended are likely to lead to the development of behavioural and emotional disorders and mental illness later in life.

#### **Secondary Consultation**

Access to timely mental health expertise via secondary consultation may avert a crisis presentation to mental health services or enable a primary health care provider to be able to support a person without a referral to the mental health service. Service providers may contact the Infant & Child or Youth Mental Health Teams to request secondary consultation. You will not require consent to access this service as you do not provide identifying information like name or date of birth. You will only be asked your details, the age and gender of the person you are consulting about and nature of your query. You do need to understand the clinical responsibility statement below when accessing consultation.

#### Clinical Responsibility Statement

*In the course of secondary consultation, a mental health clinician may provide information, advice and recommendations based on the clinical information you provide. Whilst every effort is made to provide accurate and pertinent information and advice, any information or advice provided by the mental health clinician is necessarily based on the clinical information you provide.*

*The Mental Health Service emphasises that the purpose of the secondary consultation is to provide you, the treating health professional, with advice and assistance regarding the identification, treatment and management of mental illness. The client, in respect of whom the consultation is sought, remains your client and responsibility for the ongoing clinical care of the client remains with you at all times.*

#### **Referral**

Anyone can contact Ballarat Health Service Mental Health Service (**1300 661 323 - 24 hour number**) if they are worried about their own changes in mood, ideas or behaviour, or someone else living in the region. A mental health clinician is available at all times. The clinician will conduct a preliminary assessment of whether the person referred is likely to have a mental illness or disorder and the nature and urgency of the response required. It is best referrals are made via phone so urgency can be assessed promptly. If you are making a referral on behalf of someone else please seek their consent prior to making a referral.

The duty worker will let you know whether further contact with the mental health service is needed and will provide you with information about ongoing assessment, treatment and care. If Ballarat Health Services - Mental Health Services is not the most suitable option for the person, they may be referred to another organisation or given other advice.