

## The Mother & Family Unit Ballarat Health Services Referral Pathway Flowchart

The Mother & Family Unit is a non-crisis service.  
If your referral requires an urgent or immediate response  
please contact Ballarat Mental Health Services Triage on 1300 661 323 (24hr service).

Referral is received by Perinatal Community, MaFU NUM or delegate. Phone Monday to Friday 9am-5pm Ph: (03)5320 8712. Please have all the required information available.

Client is contacted by Perinatal Community, MaFU NUM or delegate and comprehensive triage is taken

Referral and triage are presented in the Multidisciplinary Team Meeting for discussion and consideration of admission.

Triage considered appropriate for admission. Assessment to be arranged and completed.

Client considered not appropriate for admission.

Discussion with Consultant Psychiatrist for final decision for admission.

No admission required and feedback to referrer on the outcome will be provided with treatment recommendations

Admission accepted and family contacted to arrange admission details

Admission to MaFU. Treatment summary provided to involved agencies upon discharge.

## The Mother & Family Unit Ballarat Health Services Helpful Information for Referrals

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To help us determine whether an admission may be appropriate, please provide the following information at time of referral;

### DEMOGRAPHICS:

- Full name & DOB of parent and infant
- Current residential address and contact numbers
- Contact details for NOK/carer/nominated family member
- Family details including older sibling's names and ages.

### PRESENTING PROBLEMS:

- Current symptoms - mood, anxiety, negative thoughts, motivation, self-care, appetite & sleep
- Social stressors – financial, family violence, relationships, level of support at home
- Level of attachment and bonding

### PARENT INFORMATION:

- Mental health history
- Medical history including obstetric if relevant
- Current medications prescribed
- Supports – social
  - professional – CAFS, CPU, private psychologist, psychiatrist
- Risk factors – self harm, harm to others, harm to infant, domestic violence, aggression, drug or alcohol use, forensic history

### INFANT INFORMATION (if known):

- Growth and development
- Sleep
- Feeding
- Relationship difficulties
- Medical history
- Current medications prescribed

### ADMISSION CRITERIA:

- The parent or infant has a mental health concern, or is at risk of developing a mental illness given the presence of clinically significant vulnerabilities.
- There is an associated functional impairment as a result of a mental illness.
- The family would benefit from an intensive daily program of biopsychosocial treatment for the mental illness and parent-infant relationship, in an inpatient setting.
- There are no acute symptoms (psychotic symptoms) and/or significant safety/risk issues which may compromise the safety of the mother, infant or others within in the MaFU environment.